

Materials:

- 1 Sheet of Standard Copy Paper
- Markers, Pens, Pencils in a Variety of Colors Scissors
- Stickers (optional)

Directions:

First, create and fold the square.

- Fold one corner of the paper to the opposite side.
- Cut off the excess so the remaining part is a square with the fold along a diagonal.
- Fold along the other diagonal so the folds form an X.
- One at a time, take each corner and fold it so the corner is at the center of the X.
- Flip over and repeat.

Next,

- On the side with the triangles, label the 8 triangles with numbers.
- Decorate the outside four squares with one kind word.

Finally, put it all together!

- Write 4 kindness messages, one under each triangle section.
- Fold so the triangles are inside and the squares are outside.
- Slip your thumbs and pointer fingers under the squares.
- Have fun playing with your Kindness Catcher!



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