

Winter/Spring 2024 CDBG Senior Programs At The Library

Community Development Block Grant Funded Programs

Lighthouse Point Library 2200 NE 38 Street, Lighthouse Point, FL 33064 Email: library@lighthousepoint.com Phone: 954-946-6398 Web: lighthousepointlibrary.com

CDBG SENIOR PROGRAMS Each year the City of Lighthouse Point applies for Community Development Block Grant (CDBG) funding for Library Senior Programs. The receipt of this funding is NOT guaranteed from year to year.

Per grant guidelines, CDBG programs are ONLY open to Lighthouse Point residents who are ages 62 and over. Enrollment in the CDBG program must be done in person at the Library. Proof of City residency, age, and a signed FY23/24 CDBG enrollment form are required. Registration in CDBG classes are done by lottery with residents ranking their first, second, (etc.), class choices. The lottery meets the grant's requirement of equitable access to grant supported programs.

The CDBG funding and senior programs are coordinated by Library staff. Please see the CDBG INFO PAGE for full details.

Parking

During construction, please park by Dixon Hall, the old fire station, or in the spaces along the north side of the construction fence. Please carpool when possible.

Library Hours

Mon: 10am to 6pm Tues: 10am to 6pm Wed: 10am to 6pm Thurs: 10am to 8pm Fri: 10am to 4pm Sat: 10am to 2pm Closed Sunday

Special Hours

ALL CITY OFFICES AND THE LIBRARY ARE CLOSED

New Year's. Library Closes at 6pm on Thurs Dec 28 and is closed Sat Dec 30 and Mon Jan 01 Martin Luther King Jr Day. Closed Sat Jan 13 and Mon Jan 15 Presidents Day. Closed Sat Feb 17 and Mon Feb 19 Easter. Close at 12pm on Fri March 29. Closed Sat March 30





CDBG SENIOR PROGRAMS OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED As of December 16, 2023

CDBG Crafts CDBG Paper Quilling: Cards

> Library Staff: Dr. Molly Smith PhD 2:30pm | Tuesdays | In The Library January: 16, 23, and 30

Registration is for all dates. Paper quilling is the art of cutting paper into long thin strips, rolling and pinching the pieces into different shapes, and then gluing the shapes together to form decorative art. A new paper quilling theme will be presented each session. Themes may include holidays, birthdays, or general greeting cards. Each new participant will receive a set of supplies including quilling tools, cards, and paper. Course and supplies are supported by the Community Development Block Grant.



Library Staff: Anna Arenas

2:30pm | Tuesdays | In The Library February 13, 20, and 27

Registration is for all dates. A new subject will be selected weekly. Each new participant will receive a set of supplies including watercolor paints, paper, and brushes. Course and supplies are supported by the Community Development Block Grant (CDBG).

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CDBG SENIOR PROGRAMS OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED

As of December 20, 2023

CDBG Arts CDBG Abstracts With Alcohol Inks

Library Staff: Anna Arenas

2:30pm | Tuesdays | In The Library March 12, 19, and 26

Registration is for all dates. A new technique will be selected weekly. Each new participant will receive a set of supplies including alcohol inks, paper, and tools. Participants should dress for messy work. Course and supplies are supported by the Community Development Block Grant (CDBG).



CDBG Crafts

CDBG Paper Quilling: Beads

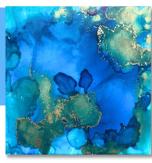
Library Staff: Dr. Molly Smith PhD

2:30pm | Tuesdays | In The Library April 9, 16, and 23

Registration is for all dates. Paper quilling beads is the art of cutting paper into long thin strips, rolling and pinching the pieces into different shapes, and then stringing the beads to make wearable art. A new paper quilling bead project will be presented each session. Each new participant will receive a set of supplies. Select jewelry making supplies will be available for use in class only. Course and supplies are supported by the Community Development Block Grant.

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CDBG SENIOR PROGRAMS OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED

As of December 20, 2023

CDBG Technology CDBG Appy Hour

Library Staff: Anna Arenas or Molly Smith

2:30pm | Tuesdays | In the Library January 09, February 06, March 05, and April 02

Registration is for all dates. The monthly CDBG "Appy Hour" covers popular apps by topic. Participants should bring their fully charged device with all passwords required to download Apps.

CDBG Technology CDBG Tech Assist

Library Staff: Anna Arenas, Molly Smith, or Cathy Anthony

Class By Appointment | Tuesday, Wednesday, or Thursday January 22 to April 30 | One-On-One Session Sorry, there are no sessions January 02 to January 21.

During this 45-minute one-on-one session, learn the basic functions of your favorite software, technology, or Library digital offering. Participants should bring their fully charged device with all passwords required to download Apps. Please call the Library to learn more. Sorry, walk-in appointments are not available.



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CDBG ZOOM BOOK CLUB OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED

As of December 20, 2023



Via Zoom. Wednesdays. 4pm to 5pm. Please see full details about CDBG requirements and funding on the next page.



CDBG SENIOR PROGRAMS OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED

As of December 20, 2023

CDBG Health CDBG Yoga

Presented by: Library Volunteer Diane McEwan. Coordinated by: Library Staff.

10:00AM | Tuesdays | In Dixon Ahl Hall Dec 19. Jan 09, 16, 23, 30. Feb 13, 20, 27. March 12, 19, 26. April 9, 16, 23

OR

10:00AM | Wednesdays | In Dixon Ahl Hall Dec 20. Jan 10, 17, 24, 31. Feb 14, 21, 28. March 13, 20, 27. April 10, 17, 24.

There are NO CLASSES Feb 6&7. March 5&6. April 2&3. PARKING IS LIMITED - Please CARPOOL.

Max cap of 25. Spots are selected by lottery. No participant will be placed in BOTH Yoga classes. Registration is by lottery. If this class is full and a spot opens, participants will be pulled from the waitlist by lottery. First round of the lottery is for residents who HAVE NOT attended any CDBG class session since October 01, 2023. Second round is for residents who HAVE attended one or

more CDBG class sessions since October 01, 2023. Participants will be dropped if they miss more than two classes in a row and do not notify the Library staff of their absence. At the beginning of each class a Library staff member will be at

the site to confirm room set up and that all participants have signed in. Participants who arrive after the Library staff member has departed the site are NOT permitted to attend that day's class. CDBG provides a set of stretch bands to each new participant at their first class. Participants should bring a towel, water, and their stretch bands to each class. All questions and comments about this program should be directed to Library staff at

library@lighthousepoint.com.

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CDBG SENIOR PROGRAMS **OPEN TO LIGHTHOUSE POINT** RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED As of December 20, 2023



CDBG Health CDBG Strengthe Full & Resistance Bands

Presented by: Library Volunteer Viane McEwan. Coordinated by: Library Staff.

9:00AM Juesdays Hi Oyon Ahl Hall Dec 19. Jan 0.016, 23, 39. Feb 3, 20, 27. March 12, 19, 26. GORT April 9, 16, 23

9:00AM | Wednesdays | In Dixon Ahl Hall Dec 20. Jan 10, 17, 24, 31. Feb 14, 21, 28. March 13, 20, 27. April 10, 17, 24.

There are NO CLASSES Feb 6&7. March 5&6. April 2&3. PARKING IS LIMITED - Please CARPOOL.

Max cap of 25. Class length is 45 minutes. Spots are selected by lottery. No participants will be registered for BOTH Strength Band classes. Registration is by lottery. If this class is full and a spot opens, participants will be pulled from the waitlist by lottery. First round of the lottery is for residents who HAVE NOT attended any CDBG class session since October 01, 2023. Second round is for residents who HAVE attended one or more CDBG class sessions since October 01, 2023. Participants will be dropped if they miss more than two classes in a row and do not notify the Library staff of their absence. At the beginning of each class a Library staff member will be at the site to confirm room set up and that all participants have signed in. Participants who arrive after the Library staff member has departed the site are NOT permitted to attend that day's class. CDBG provides a set of stretch bands to each new participant at their first class. Participants should bring a towel, water, and their stretch bands to each class. All questions and comments about this program should be directed to Library staff at library@lighthousepoint.com.

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COMMUNITY DEVELOPMENT

BLOCK GRANT

CDBG SENIOR PROGRAMS OPEN TO LIGHTHOUSE POINT RESIDENTS AGES 62 AND UP IN PERSON REGISTRATION REQUIRED AS OF 12/20/23

CDBG SENIOR PROGRAMS

Each year the City of Lighthouse Point applies for CDBG funding for Library Senior Programs. The receipt of this funding is NOT guaranteed from year to year.

Per grant guidelines, CDBG programs are ONLY open to Lighthouse Point residents who are ages 62 and over. The CDBG grant and senior programs are coordinated by Library staff.

WHAT DOES CDBG FUND?

CDBG funds a portion of each participants' supplies (such as books, yoga mats, watercolor paints, and strength bands), select in-Library equipment (such as iPads or chairs), the development and printing of course materials and informational handouts, the use/cleaning of facilities, and the staff time required to teach and coordinate each CDBG session.

HOW DO I ENROLL IN THE CDBG PROGRAM?

Enrollment in the CDBG program must be done in-person at the Library. Proof of City residency, age, and a signed FY23/24 CDBG enrollment form are required. CDBG enrollment is valid from October 01, 2023 to September 30, 2024.

HOW DO I GET A SPOT IN A CDBG SPRING/WINTER 2024 CLASS?

ACTIVE Participants in classes that were continued from FALL 2023 were automatically registered in the Spring/Winter sessions. These participants were selected by lottery in September 2023. Continuing CDBG classes include Strength Bands, Yoga, Book Club, Appy Hour, and Paper Quilling: Greeting Cards. The Registration Lottery for NEW CDBG Classes is now open and closes 4pm Thursday, January 11, 2024.

While the lottery is open, residents who are fully enrolled in the CDBG program may select which classes they would like to attend. They rate their selections by assigning each class a number (1=First choice, 2=Second choice etc.). When the lottery closes, residents are selected <u>at random</u> for a space in each class. Every effort is made for all lottery participants to get in to at least one CDBG class. The use of a lottery meets grant guidelines on equitable accessibility of grant funded programs and resources.
There are multiple announcements for the CDBG registration lottery each season. Past announcements have included the City newsletter, Library website, banners at intersections, bulk emailing, and posters in the Library. Eligible residents who miss the lottery dealline will be entered into a second lottery as space permits.

IS THERE A WAITLIST FOR CLASSES THAT ARE FULL?

Yes. When a class becomes full, a waitlist is started. If a spot opens, participants are pulled from the waitlist by lottery. Per grant guidelines, priority is given to NEW CDBG participants who have NOT attended ANY CDBG course session since October 01, 2023 (unserved residents).

WHAT HAPPENS IF I NEED TO MISS A CLASS?

It is each participant's responsibility to let the Library know if they require an extended absence. Registered participants may email Library@Lighthousepoint.com to notify the Library. Participants who miss TWO sessions in a row, without any notification to Library staff will lose their spot in the class.

ADDITIONAL INFORMATION

Per Broward County's HUD approved Limited English Proficiency (LEP) all public notices and published citizen participation advertisements will include a statement in Spanish that services and program materials are available in Spanish upon request.

Según la disposición del Dominio Limitado del Inglés (LEP), aprobada por el HUD del condado de Broward, todos los avisos públicos y los anuncios de participación ciudadana publicados incluirán una declaración en español indicando que los servicios y los materiales de los programas están disponibles a pedido en español.